

Canteen Price List 2023 (Open Monday, Thursday & Friday)

Online ordering is now available on QKR before 8.30am each morning or you can continue to order using cash.

Please place order in classroom lunch order basket by 9am each morning.

Place money in a paper bag/lunch wallet with child's name, grade and order on outside. (10c charge if bag not supplied)

"Green Everyday foods" - Available Monday, Thursday & Friday

Try these tasty everyday foods that help us concentrate, sleep, grow and give us great energy to learn and perform to the best of our ability.

SALAD PLATE	\$5.00	RICE		SNACKS	
(tomato, cheese, carrot, cucumber, beetroot & lettuce)		Fried Brown Rice Vegetarian	\$4.50	Vegemite Bread	\$0.20
- add egg	+\$1.00	Fried Brown Rice with Bacon	\$5.00	Fairy Bread	\$0.05
- add chicken, tuna or ham	+\$1.50	BAKED POTATOES		Cheese Stick	\$1.00
ROLLS, SANDWICHES & WRAPS	\$1.30	Cheese	\$5.50	Carrot Sticks	\$0.10
(Choice of wholegrain or wholemeal)		Ham & Cheese	\$6.00	Potato Stix	\$1.20
- with salad	+\$2.70	Ham, Cheese & Coleslaw	\$6.50	Rice Wheels	\$1.20
(tomato, lettuce, carrot, cucumber & beetroot)		SOUP (Term 2 & 3 only)		Vegie Chips (BBQ or Honey Soy)	\$1.20
- add cheese or egg	+\$1.00	Chicken & Corn Soup (Term 2 & 3 Only)	\$2.70	Muffins (Apple & Cinnamon or Banana Choc Chip)	\$1.20
- add chicken, tuna or ham	+\$1.50	Chicken & Corn Soup with Roll	\$4.00	Homemade Cookie	\$1.00
Vegemite, margarine and mayonnaise	no extra	OTHER ITEMS		Homemade Gingerbread person	\$1.00
TOASTED SANDWICHES		Corn	\$1.00	Homemade Muesli Slice	\$1.00
Cheese	\$3.50	Boiled Egg	\$1.00	FRESH FRUIT	
Cheese & Tomato	\$4.00	ICY POLES		Apple or Orange	\$1.50
Baked Beans & Cheese	\$4.50	Quelch	\$1.00	Fruit Salad (Term 1 & 4 only)	\$4.00
Spaghetti & Cheese	\$4.50	Lemonade	\$1.50	NACHOS	
Ham & Cheese	\$4.50	Frozen Yoghurt (mango, raspberry or strawberry)	\$2.50	Corn Chips with Cheese & Salsa	\$4.00
Ham, Cheese & Tomato	\$5.00	Juicies (lemon, orange, tropical or wildberry)	\$1.20	Corn Chips with Cheese, Salsa & sour cream	\$4.50

"Amber-Select carefully foods" The below items are only available on THURSDAY & FRIDAY'S.

These are NOT every day foods as they are highly processed. They should only be eaten sometimes as they are often high in sugar, salt, preservatives, unhealthy fats & additives. These foods do not nourish a healthy body & mind.

Macaroni Cheese	\$4.00	Hot Dog	\$4.00	Party Pie	\$1.50
Lasagne	\$4.00	Potato Pie	\$4.00	Steamed Dim Sim	\$1.20
Cheese & Spinach Roll	\$3.50	Pizza Slab (Ham & Pineapple)	\$3.50	Oven Baked Chicken Nuggets	\$1.00
Meat Pie	\$4.00	Pizza Slab (Margherita)	\$3.50	Tomato Sauce or Soy Sauce satchet	\$0.30
Sausage Roll	\$3.50	Healthy Noodles (Chicken, Beef or Veg)	\$2.50		